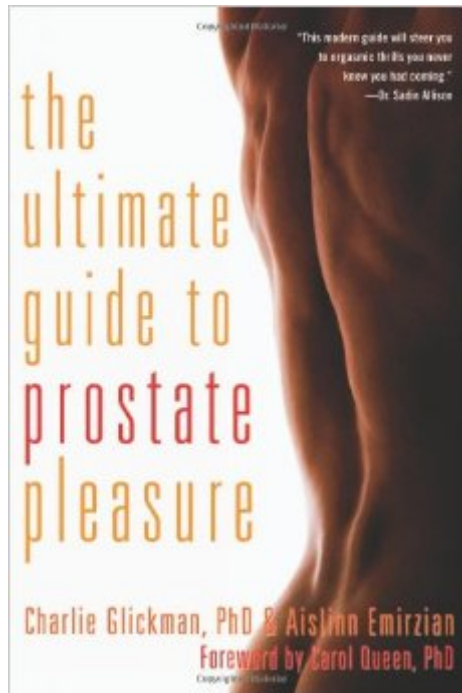


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# The Ultimate Guide To Prostate Pleasure: Erotic Exploration For Men And Their Partners



## Synopsis

Growing numbers of men and their partners are enhancing their sex lives with prostate play. Just as G-spot exploration forever transformed millions of women's experiences of orgasm, The Ultimate Guide to Prostate Pleasure offers men erotic pleasure beyond what they imagined possible. This light-hearted, accessible guide has all the information you need to find and stimulate the prostate (sometimes called the p-spot or the male g-spot), including how to have easy anal penetration, techniques for prostate massage, tips for sex toys, anal sex, strap-on play and pegging, and a break-down of the possible health benefits of milking the prostate. This book supports all men who want to explore this powerful source of sexual fulfillment; both curious and seasoned adventurers who are ready to put their ass on the line for erotic enjoyment. Friendly, accessible tone; Written by a male-female team; Gives permission to all sexual interests and lifestyles; Suggestions for talking with partners about prostate play; How to maintain prostate health; Important safety and hygiene information; Tips and techniques about communication, massage, toys, positions, etc; Many suggestions for hot anal exploration; by yourself or with a partner

## Book Information

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## Customer Reviews

I'm not exactly a novice when it comes to sex, and I have to admit that when I began flipping through this manual, I expected to see things that I already knew. I was pleasantly surprised to find a whole wealth of information, including helpful (and tasteful) illustrations. I LOVE that it includes

chapters on the social and psychological elements of prostate play, like gender roles and what it means for a man to be penetrated in our society. If you're even the tiniest bit curious about prostate play, this book is a must-have!

As someone who has taught health & sexuality for adults for almost 20 years I am delighted to see this book on the market. While there are dozens of books about prostate health and disease, not much air time has been given to the wondrous potential for pleasure of the "male g-spot." This pleasure potential is a secret too well kept, hidden behind fecal fear and homophobia. The authors do much to debunk the idea that there is any reason that men of any sexual orientation shouldn't enjoy the pleasure of their backside and provide the reader with up-front information about hygiene, gender identity, communication tips, techniques and much much more. While some may find plain language such as "cock" and "ass" discomfoting at first, this will soon be eclipsed by the authors' straight forward manner and clear instructions--and after all, it is sex we are talking about here, not a visit to the doctor's office. This book has everything you need to know to get started with prostate massage, anal toys and anal sex, and gives enough detail that more experienced folks will get something from the book as well.

Charlie Glickman is one of my favorite sex educators. He is one of the smartest, most sex-positive and knowledgable guys around. He has a particular talent for making people feel comfortable when asking about just any topic. So here he has teamed up with Aislinn Emirzian, also a brilliant sex educator, to write *The Ultimate Guide to Prostate Pleasure*. This is the go-to book for any man who wants to learn more about how to enjoy his own anatomy to the fullest. It's a fabulous resource for any partner who wants to help take him there, too. ;)

I have to begin this review by saying that I read *THE ULTIMATE GUIDE TO PROSTATE PLEASURE* because I was going to be having a conversation with the author Charlie Glickman on my radio show *Conversations LIVE* about it. I am so glad I took the time to read the book beforehand, because it really opened up the door to a thoughtful discussion. One of the first things I thought about with the book was that it made it less about you and more about what you can do with your partner. This involves a lot of discussion, trust and the ability to think of others as you are exploring ways to better satisfy each other. We all know that there are some things that are just not normally discussed. Prostate pleasure is one of those things. The book helps you to see that it is less about sexuality and more about sensuality. That's a great point for individuals who think it is

just something for same-sex relationships. Explored in a way that is not just tasteful but informative, I think Glickman has been able to take the sting out of discussing a sensitive topic---opening the door to another way that couples can bond.If you are looking for ways to enhance your intimacy level with your partner then this ultimate guide might be just what you need.

This superb guide combines the friendliness of a good buddy with the savvy knowledge of a top-notch sex educator, explaining the in's and out's, how's and why's, of prostate pleasure, including answering those questions you thought you couldn't ask anybody. Whatever you want to know about the pleasures and the how-to's of prostate stimulation, it's in this book.I've heard Dr. Glickman speak several times and I read his blog regularly. He's on a mission to provide the solid information that we need to get the most sexual pleasure from our bodies, our relationships, our attitudes. He's a fabulous sex educator (and one of the 45 experts providing advice in my award-winning book, *Naked at Our Age: Talking Out Loud about Senior Sex*).I'm glad that he has written a book himself so that we can all gain from his knowledge and upbeat, shame-free approach.

Full disclosure: I'm acquainted with Glickman's work and consider him a friend. And I consider myself fairly well-versed in terms of sex education, but there was still quite a bit of information in this book that was new to me. I like that it was written by both a man and a woman, and I like that they did deal with the stigma attached to dealing with anything anal in men. But basically, I liked it because the information was presented in a no-nonsense, non-threatening manner. I suspect the people who read this book will be pleasantly surprised at how their sex lives will be improved!

My recent GF has been searching for a more detailed book on prostate massaging and exploration in pegging...this kindle book is a great read and guide. I would recommend to anyone interested in opening new worlds of sexual enjoyment for both he and she

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